

SCOTLAND LOCKDOWN RULES SUMMARY:

What's new from the 10 July 2020?



People First
(Scotland)



Face coverings are compulsory

Everyone now has to wear a face covering on public transport and in shops.

Some people are excused from this if they cannot wear a mask because of medical reasons.



Meeting people:

Outdoors – You can meet up to 4 households; no more than 15 people at once, with physical distancing.

Indoors – You can meet up to 2 households; no more than 8 people at once, with physical distancing. This includes overnight stays.



You can meet up to 4 other households in total, per day, indoors or outdoors. This does not apply to children and young people under 18.



Children aged 11 and under no longer have to physically distance.

Couples who do not live together no longer have to physically distance.

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Shops inside shopping centres can now open, with physical distancing in place.



Dental practices can begin to see registered patients for some procedures.



Organised outdoor contact sports, play and physical activity can start again for children and young people under 18.



Face-to-face youth work can start again outdoors.

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What's new from the 15 July 2020?



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Places of worship, like mosques and churches, can reopen for communal services and prayer, with limited numbers and physical distancing in place.



Library

Museums, galleries, libraries, cinemas, and other visitor attractions, can reopen with physical distancing and other safety measures in place.

All holiday accommodation is allowed to open for business, with safety measures in place.



Hairdressers and barbers can reopen, with safety measures in place.

All childcare providers can open, with safety measures in place.



Indoor hospitality, like pubs and restaurants, can reopen, with physical distancing and other safety measures in place.

Less restrictions for going to funerals, marriage ceremonies and civil partnership registrations, with limited numbers and physical distancing in place.

SCOTLAND LOCKDOWN RULES SUMMARY:

What's new from the 22nd July 2020?



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Universities and Colleges can start a gradual return to teaching. This will include a mix of classroom teaching and online teaching.



Beauticians, nail salons and tailors are able to reopen with new safety measures in place.



Motorcycle instruction, tractor instruction and car theory tests can also start again.