

## Parent Support Information

**"Why and How?" Free Informal Parent Training**  
This training is for parents, family and friends of school aged children awaiting assessment or with a diagnosis of Autism. Training consists of two 3 hour sessions over 2 consecutive weeks. It offers information about "why" you need to know about autism and "how" you can help your child.

*Contact Helen McLennan on 01461 207 008 for more information and to book your place.*

**Supporting Autism Together Free Drop in Sessions for Parents Families and Friends**  
of school aged children awaiting assessment or with a diagnosis of Autism. These informal sessions run monthly in different locations across Dumfries and Galloway. Two professionals join parents to talk, problem solve, find out more and share ideas. Books, leaflets, DVD's and other resources available.

*Email for more information at :  
supportingautismtogether@dumgal.gov.uk*

*Or contact us on Facebook by searching for "Supporting Autism Together"*



## AOS Contact Details

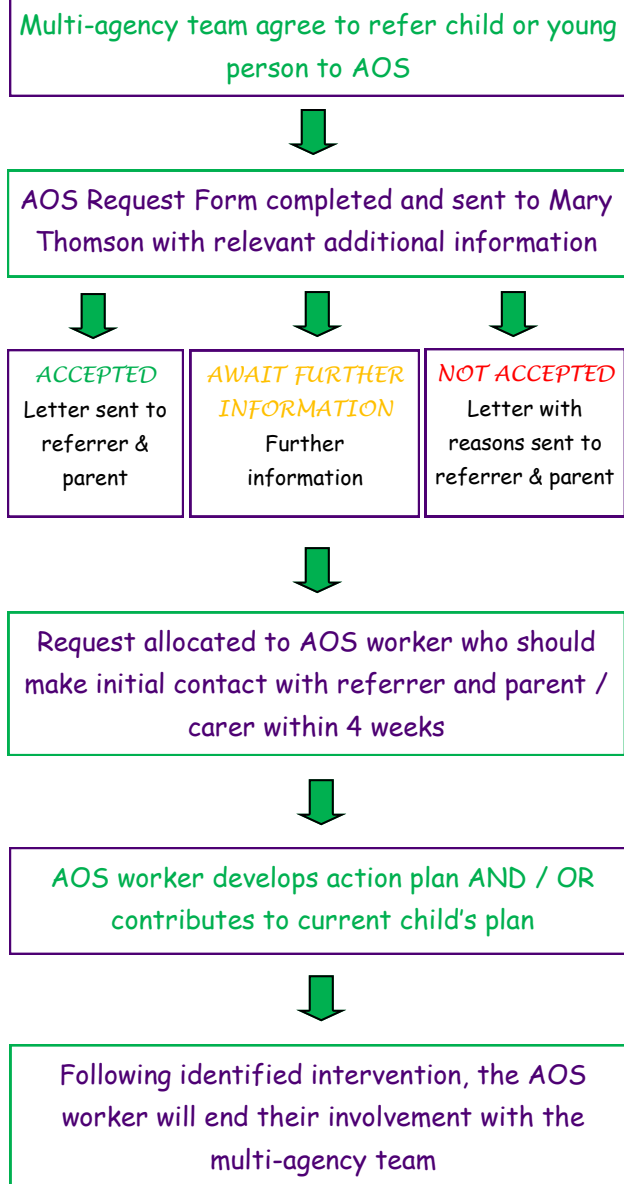
For further information or to submit your completed AOS Request form, please contact:

Mary Thomson, Education Officer,  
McMillan Hall, Dashwood Square, Newton Stewart,  
DG8 6EQ

Email: [Mary.Thomson@dumgal.gov.uk](mailto:Mary.Thomson@dumgal.gov.uk)

Telephone: 01671 403455

## What happens when a request is made to AOS ?



# Autism Outreach Service (AOS)

Support for school age young people with autism or social communication difficulties



## What is the Autism Outreach Service (AOS) ?

AOS is a specialist advisory service for children and young people aged 8 to 16 who have Autistic Spectrum Disorders or who are awaiting assessment by Dumfries & Galloway Communication Disorders Assessment Team (CDAT)

From April 2015, [Autism Outreach Service \(AOS\)](#) replaced the Autism Spectrum Disorders Integrated Network (ASDIN).

## Aims of AOS

AOS aims to:

- work in partnership with colleagues and families
- deliver a specialist advice /consultation service
- build capacity within existing supports
- further develop action plans and profiles
- provide an objective overview in difficult cases

## What can AOS offer ?

AOS can offer short-term specialist support and advice where:

- there is a crisis situation at school or home
- there is entrenched difficulty implementing an existing action plan
- identified interventions and actions have not been effective

## Who can make a request for AOS advice and support ?

- Following multi-agency team agreement, with parental consent, any member of the team of professionals supporting the child or young person.
- Parents can contact a professional on the multi-agency team and ask them to make a request for AOS support on their behalf.
- A child/young person who is referred to AOS will already have multi-agency involvement.

They may also have:

- \* A Getting it Right for Every Child (GIRFEC) Child's Plan
- \* Additional Support for Learning (ASL) plan
- \* Individual Education Plan (IEP)
- \* Co-ordinated Support Plan (CSP)
- \* Personal Profile

*Please note in exceptional circumstances other appropriate referrals may be considered.*

## When might you make a request to the AOS?

- If the multi-agency team feel they have exhausted all options.
- If the young person or the situation continues to deteriorate at school or home. (This may be related to behaviour or school attendance.)

## What other services might you think of contacting first?

- Additional Support for Learning Teachers
- Educational Psychologists
- Community Paediatricians/Nurses
- Speech and Language Therapy - Social Communication Service
- Child and Adolescence Mental Health Service (CAMHS)
- Occupational Therapy

To request an Autism Outreach Service Request Form to be emailed to you, please call:

01461 207008, 01387 273950,