

## Portfolio of Autism Charities

<b>Organisation</b>	<b>Geographical area</b>	<b>Project description</b>	<b>Stated Outcome</b>
A.H.A. Futures	Fort William	6-weekly programme allowing people with autism to attend life skills and socialisation sessions	Active Citizenship
Aberdeen Play Forum	Aberdeen	Woodland playschemes to enable children with ASD and their siblings the opportunity to participate in woodland play	A Healthy Life
Artlink Edinburgh and Lothians	Edinburgh and Lothians	Creating Agency is a series of imaginative responses to the situations of ten people with autism using creative thinking or cultural activity. A process of working with others to achieve individual opportunity. Projects include 'The University of Jordan' - an alternative further education programme, a sensory curriculum for complex needs and placements with composers, paleontologists and designers to build new networks around niche skills.	Active Citizenship
Association for Real Change (ARC) Scotland	National	To clarify the national picture of provision of support for transitions for young people (14-25 years old) with Autism and other additional support needs in Scotland, including where there is unmet need or further work required. A report will be produced that will detail the findings of their research. The work will provide detailed studies of support provision across 3 local authority areas.	Active Citizenship
Autism Initiatives	Scotland	Autism: Life in Colour project is open to any autistic adult living in Scotland. It represents a desire to understand what everyday life is like for autistic people, through their own eyes. Those who participate produce a visual image(s) of what life is like for them. Their works are displayed through various mediums.	Active Citizenship
Autism Network Scotland	Glasgow	In collaboration with the Association for Real Change (ARC) Scotland: A 3 day training package looking at Autism and Transitions. 1 session each for practitioners, parents and those with a strategic responsibility for autism and transitions in the local area. The sessions cover the impact of autism on a transitions, legislation and policy surrounding transition and tools for putting the Principles of Good Transitions into practice for an autistic person.	Active Citizenship

Barnardo's Scotland	South East Scotland	Barnardo's Intensive Behaviour Support Service (BIBSS) is to improve the confidence & resilience of parents so that they can positively manage their child's autism. This project is to build on the delivery of the BIBSS service through a revised delivery service and an innovative 2nd tier service offering open-ended practical and emotional support for families.	Independence
Central Advocacy Partners	Falkirk	1 FT and 1 PT advocacy worker to work across Forth Valley to provide independent advocacy for young people aged 14- 25 on the Autistic spectrum supporting them through their transition from school.	Active Citizenship
CheckIn Works- Giraffe Trading	Perth and Kinross	Work, Life, Living Project - transitions. The overarching aim of the project is to identify for young people with ASC what they need if they are leaving school or college in terms of support in work and their lives around their work. CheckIn offers a work-based range of activities and a mix of accredited and in-house training for young people with autism to help them enter the world of work in a sustainable and meaningful way.	Active Citizenship
Clydesdale Community Initiatives	Lanarkshire	To help people with ASD increase and develop new skills to enable them to be employed or participate in training	Active Citizenship
Disability Shetland	Shetland Islands	Transitions project with 10 young people with ASD who attend their clubs and activities. The young people range in age from 16 - 20. They are developing individual and group programmes for the young people to help them with their transition from education to adult life.	Active Citizenship
East Renfrewshire Carers' Centre	East Renfrewshire	To deliver a train the trainers programme to 12 participants for the CYGNET programme and then cascade the training down to parents.	Independence
Glasgow Carers Partnership	Glasgow	To enhance the existing Parent Carers Information Training and Support Pathway	A Healthy Life
Grampian Employment Opportunities	Aberdeenshire	To set up a short-term project group to develop and put into practice ways of being positively seen, heard and understood within the community	Choice and Control
Indepen-dance (Scotland) Ltd.	Glasgow	To establish person-centred creative dance classes for young people with autism in Glasgow, Falkirk and Kilmarnock	A Healthy Life
Into Work Limited	Edinburgh	To work with Autism Initiatives No 6 service to find the right job for people with an ASD and to help them sustain it. We work jointly to discuss decision making around transitions, disclosure of their condition and career progression. Provides disability awareness training and social skills training for the client and the employer.	Active Citizenship

IWORK4ME	National	To expand their existing business coaching service to staff / organisations who work with individuals with autism.	Active Citizenship
Kindred Advocacy	Fife, Edinburgh, Lothians	Advocacy support to 10 families with young people who have autism within Fife, Edinburgh and the Lothians.	A Healthy Life
Lothian Autistic Society – Family Enrichment	Midlothian	A series of sessions for parents to understand the principles, practice and importance of playing with pre-school children with autistic spectrum conditions. Parents receive training on aspects of play and then have the opportunity to put that into practice with their child in a supported setting. This project was delivered in association with Midlothian Council.	Active Citizenship
Lothian Autistic Society – Summit Awards	Edinburgh, West Lothian	To offer a new award scheme for young people with autism aged 12-17. The programme incorporates a social club with a personal development programme supported by a 1:1 mentor. The young people work towards gaining a Summit Award which is made up of Cairn certificates. The awards are aligned to the Curriculum for Excellence.	Active Citizenship
Momentum - Living Options	Falkirk	The programme offers a range of practical sessions based within our purpose built simulated independent living flat, specifically designed to offer learning through a mix of practical and project based learning to individual with ASD. Participants are supported by qualified trained staff who look to develop their understanding of the principals of living independently. The programme covers everyday functions such as preparing food, budgeting, how to remain safe whilst building confidence and practical skills across a number of functional areas.	Independence
National Autistic Society	National	To develop coffee clubs to help social isolation and improve skills	Independence
National Autistic Society	National	To develop a software application for people with autism to join and manage their own social club membership	Choice and Control
Perth Autism Support	Perth and Kinross	Youth Transitions Project - to support individuals on the autism spectrum who are in mainstream education and do not meet criteria for statutory support as they transition from school to further education and work. A person centred plan will be developed in conjunction with the young person and their family. The PAS Young Adult team will develop links with colleges, strengthen partnership working and work with the Perth and Kinross Council.	A Healthy Life

Perth Autism Support	Perth and Kinross	Partnership Family Support Project - to provide targeted support services to families with children with ASD. There are 2 full-time Family support coordinators who work on a new partnership service with PAS and Perth & Kinross Council Children & Families service. The coordinators provide the specialist autism support that the council service doesn't have.	Active Citizenship
Project Ability	Glasgow	Weekly art classes with professional art tuition, materials and opportunities for social activities, delivered as drop in sessions. Taking part gives people time and space, access to a new environment and the opportunity to work alongside like minded people.	Active Citizenship
REALISE Support and Learning Services	Angus	Managing and implementing a programme to work with 10 individuals to gain employment	Active Citizenship
The Richmond Fellowship Scotland	National	Positive Pathways offers training, support and advice in Positive Behaviour Support to family carers of individuals with autism (aged 5-18) who have emotional and behavioural challenges. There are 2 training sessions (offered during the day or evening) providing practical support and advice for family carers to use in the family home. There is also opportunity for 1:1 intensive behavioural support sessions with the behaviour advisor who can help provide practical support.	A Healthy Life
Royal Conservatoire of Scotland (with the National Theatre of Scotland, National Autistic Society and NHS Greater Glasgow and Clyde)	National	To address and challenge barriers that children, young people and adults with autism face accessing drama and theatre	Choice and Control
Scottish Autism	North Lanarkshire	Support programme from secondary school age children who are recorded as school refusers	Choice and Control
Scottish Autism	Scotland wide- on line	Right Click: An online support programme for autistic women & girls, their families and involved professionals. The programme aims to provide information and inspiration. It is based on the research of Dr Catriona Stewart, the lived experience of autistic females and the experience of a range of professionals. Aims are to provide access to reliable, information that supports women and girls and their families and carers with a range of practical issues that impact on their lives and to promote awareness and understanding of the needs of autistic females among a range of professional group	Choice and Control

Scottish Autism Diagnostic Observation Schedule (ADOS) Consortium (The University of Edinburgh)	Edinburgh	Developing a web based ADOS-2 video resource for trainers within the ADOS Consortium	A Healthy Life
Scottish Drugs Forum in Partnership with Autism Network Scotland and Common Knowledge UK	National	A project to develop an app which will support people with autism to 'Keep Safe, Have Fun and Stay out of Trouble' - supporting appropriate behaviours in relation to sexual health and relationships	Active Citizenship
Sleep Scotland (TEENS+)	National	<p>Teens+ overall objective is to provide appropriate transition skills to enable young people with severe and complex needs to move from Children's services to Adult services. This project is focussing on 3 key objectives:-</p> <ol style="list-style-type: none"> <li>1. Increase skills &amp; education learnings of young people with ASD to support their transition</li> <li>2. To help them achieve independence</li> <li>3. To help them become socially included</li> </ol>	Choice and Control
Speak Out Advocacy	South Lanarkshire	A dedicated advocacy service for autistic people.	Active Citizenship
Tailor Ed Foundation	Edinburgh	Tailor Ed Foundation is a small, independent charity committed to improving the quality of life for children with autism and their families. We offer a home based service, where we teach practical skills and provide useful strategies tailored to your child and family. This service is available free of charge to families with a child with autism from the age of 3 to 12, living in the City of Edinburgh.	A Healthy Life
TCV Scotland	Stirling/Edinburgh/Glasgow/Ayr/Inverness	Discovering Nature Programme - 6 month programme for adults with autism providing 12 outdoor based science training workshops. This is in partnership with Scottish Autism.	Independence
The Shirlie Project	Inverness and Highlands	Through the Bigger Picture programme, the project supports young people with autism and their families through the transitional period from education into life after school and beyond.	Active Citizenship

Thistle Foundation - InterAct Project	Edinburgh & Midlothian	Maintain a focus on autism within the InterAct project. The InterAct project works alongside young people with additional support needs including autism, their schools, families and communities as they transition from school to adult life. The funding is being used to allow Thistle to ensure that young people with autism continue to fully take advantage of the approach they've developed & to improve capacity. This includes developing traineeships for young people, growing peer support and champion roles, and developing individual opportunities for young people to take their lives in the direction that makes sense to them.	Active Citizenship
Values Into Action Scotland	Glasgow	VIAS promotes rights choice and control for people with learning difficulties and individuals on the autistic spectrum. Our Modern Apprenticeship pilot works with local partners to create more employment opportunities for those on the autistic spectrum. We have succeeded in securing MAs for 20 + young people on the autistic spectrum.	Choice and Control
Voluntary Action Orkney	Orkney Islands	To expand the existing Connect Project. The Connect Project is an early intervention project which aims to reduce the significant barriers that prevent vulnerable young people from participating in the community and in the workplace. It supports young people aged 16 - 19. The ASD Support worker will work intensively with young people to develop confidence with transitions and new situations, good communication skills, skills for independent living & self/social awareness.	Active Citizenship
Highland Cycle Ability Centre, Watermill Foundation Limited	Highlands	Supporting the first all abilities cycle track in Scotland (Highland Cycle Ability Centre) this project increases the ability of those with ASD to socially interact, improve their self-esteem, increase their confidence, raise their levels of physical activity and improve their overall health and wellbeing.	Active citizenship