

# Scottish Women's Autism Network

in partnership since 2012 with Autism Network Scotland



## Health and Wellbeing for Women & Girls on the Autism Spectrum



# SWAN: Health and wellbeing

October 2015



## Health and Wellbeing



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Dr Catriona Stewart October 2015



## **DIAGNOSIS EDUCATION**

**Transitions: relationships, peer pressure, choices, future plans**

## **GIRLS GROW UP:**

Relationships

College/uni

Employment

sexual health and safety

spectrum women as mothers

ageing

**Health and wellbeing**

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