



MUSIC GROUP

The Music Group is a weekly session primarily for adults with an ASD or mental health issues who can play a musical instrument, or sing, and are looking to play with other people. The group may also be relevant to those who write lyrics or anyone who has an interest in this area.

The group is a structured jamming session – group members will work on playing together, learning songs together, and developing their talents.



The group meets in the Audio Lounge Studios in Maryhill every Friday from 12pm – 3pm.

The group can be used to improve confidence playing with others, meet new people to jam with, participate in a creative environment, and expand your social circle.



The studio costs £9.00 for 3 hours – we split this cost as a group.

We add your contact details to our database to keep you informed of group arrangements and activities.



A Disclosed support worker staffs the group.

For more information please contact Graham Anderson on

07967373080 or email at

graham.anderson@sw.glasgow.gov.uk

Strathclyde Autistic Society

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