

# By Community for Community Series

## Developing and Adult Outcome Focussed Assessment

It is important to note that the information within this is about the individual being assessed for support and is about them, their wishes and how they are supported in their daily lives and their decision making.

**Name:-**

**Address:-**

**Date of Birth:-**

**Contact Info:-**

**Demographics - see [Guidance Note 1](#)**

**Background - see [Guidance Note 2](#)**

**Moving Forward - see [Guidance Note 3](#)**

**Communication and Senses - see [Guidance Note 4](#)**

**Keeping Safe - see [Guidance Note 5](#)**

**Staying Well - see [Guidance Note 6](#)**

**Getting Around / Staying Mobile - see [Guidance Note 7](#)**

**Managing Daily Life - see [Guidance Note 8](#)**

**Having things to do - see [Guidance Note 9](#)**

**Maintaining Important Relationships - see [Guidance Note 10](#)**

**Carers Perspective.**

**Completed by a carer or guardian.**

**Analysis summary.**

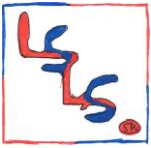
**Key Outcomes.**

**State clearly what outcomes are needed and how they would be achieved.**



# AUTISM NETWORK SCOTLAND





# By Community for Community Series

## Guidance Notes

**Guidance Note 1** - This section covers General household and immediate family background only as appropriate

**Guidance Note 2** - This section covers Background about the individual

- Diagnosis, health issues etc.
- Include names of any consulting or supporting specialists
- Highlight support required, including any sensory or environmental challenges or triggers
- Highlight any Guardianship or Power of Attorney Orders, including who has what for whom

**Guidance Note 3** - This section covers Moving Forward

- Highlight what the individual would need first of all for general living and coping.
- What they would like to improve their quality of life, inclusion, citizenship etc. E.g. Interests, College, Support Group, Hobby Group
- Emphasise risks and dangers. Consider positive or controlled risk taking that has the potential to achieve an outcome

**Guidance Note 4** - This section covers Communication and Stress

- Include anything that is relevant
- Strategies required to ensure individual's wellbeing is looked after.
- Highlight things the individual feels may help well with anything that could make their life better. E.g. Talking Mats, Makaton, Brain in Hand, visual aids, avoidance of smells or loud noises etc.
- How they are supported in decision making, helping them have a better outcome

**Guidance Note 5** - This section covers Keeping Safe

- Include anything relevant
- Strategies required to ensure individual's wellbeing and safety are looked after
- As well anything that could be implemented to make things better and drive an improved outcome. E.g. Travelling Process, External/Internal Risks etc. solutions and so on

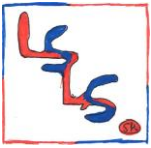
**Guidance Note 6** – This section covers Staying Well

- Strategies required to ensure individual is staying well. E.g. dietary requirements, medications, regular exercise and regular visits to any specialists or support groups etc.
- Highlight anything the individual thinks of feels could help have a better outcome in life



# AUTISM NETWORK SCOTLAND





# By Community for Community Series

**Guidance Note 7** – This section covers Getting Around / Staying Mobile

- Travelling in a bus, car, and train or walking
- Safe routes, known routes etc.
- Who is to best support them if need be
- Safe shopping and socialising including then use of social media etc.

**Guidance Note 8** – This section covers Managing Daily Life

- Include anything relevant
- Include strategies required to ensure individual is looked after
- Include anything that could make daily life better
- Emphasise key daily challenges, like medication, doing the shopping, getting dressed, whatever they happen to be

**Guidance Note 9** – This section covers Having things to do

- Include anything relevant
- Include anything that could make having things to do better. E.g. Hobbies, Cinema, going for a walk etc.
- Emphasise the support required

**Guidance Note 10** – This section covers Maintaining Important Relationships

- Include anything relevant such - Family close friends etc. Doctors Dentists etc.
- Strategies required to ensure individual is looked after
- Include anything that could make maintaining important relationships better

*All this work has been generated by community for community and coordinated and compiled by Thom Kirkwood, Engagement and Participation Officer, Autism Network Scotland.*

Email [t.kirkwood@strath.ac.uk](mailto:t.kirkwood@strath.ac.uk)

Ref BCFC 2019007-AdOutAssess-001



# AUTISM NETWORK SCOTLAND

